

Living with Young People

Families
Growing
Together

The teenage years bring a new stage in your child's development and many changes for the whole family...

Living with Young People is a **FREE** workshop that helps you as parents and caregivers build an understanding of your teenager and their healthy development.

Our workshops are full of helpful information with a choice of simple, practical strategies that each family can adapt for their own parenting situations.

Topics to support your parenting include:

- 🔗 About young people
- 🔗 Adolescent development
- 🔗 What parents can do to support their young person
- 🔗 What about conflict?
- 🔗 Positive approach to guiding children's behaviour

Our workshops are based on the latest parenting research and use information from **Parenting SA**.

Light refreshments and resources provided
(Bookings essential)

Where: Port Lincoln High School
17 Ruskin Road, Port Lincoln

When: Thursday 16th November 2023
Thursday 23rd November 2023

Time: 9.30am-12.00pm

To book: Contact Leonie Woods
Leonie.Woods890@schools.sa.edu.au

Everyone is welcome, bookings essential

Please arrive 10 minutes early to register



Government of
South Australia



human
services