

# Living with Young People

Families  
Growing  
Together

The teenage years bring a new stage in your child's development and many changes for the whole family...

Living with Young People is a **FREE** workshop that helps you as parents and caregivers build an understanding of your teenager and their healthy development.

Our workshops are full of helpful information with a choice of simple, practical strategies that each family can adapt for their own parenting situations.

## Topics to support your parenting include:

- 🔗 About young people
- 🔗 Adolescent development
- 🔗 What parents can do to support their young person
- 🔗 What about conflict?
- 🔗 Positive approach to guiding children's behaviour

Our workshops are based on the latest parenting research and use information from **Parenting SA**.

**Light refreshments and resources provided**  
**(Bookings essential)**

**Where:** Port Lincoln High School  
Ruskin Road, Port Lincoln

**When:** Wednesday 15th November 2023  
Wednesday 22nd November 2023

**Time:** 6.00pm-8.30pm

**To book:** Contact Leonie Woods  
Leonie.Woods890@schools.sa.edu.au

**Everyone is welcome, bookings essential**

Please arrive 10 minutes early to register



Government of  
South Australia



human  
services