

Port Lincoln Clontarf Academy

Clontarf Newsletter

Term 1, 2023



clontarf
foundation



ABOUT THE ACADEMY

The Port Lincoln Clontarf Academy was founded in 2019 and operates out of Port Lincoln High School. It caters for students in Years 7 to 12 and currently has 63 boys engaged in the programme.

ABOUT THE FOUNDATION

The Clontarf Foundation exists to improve the education, discipline, life skills, self-esteem and employment prospects of young Aboriginal and Torres Strait Islander men and by doing so equips them to participate meaningfully in society.

SCHOOL DETAILS

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STAFF CONTACTS

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Message from the Director

The Port Lincoln Clontarf Academy has continued to grow and provide opportunities for our young men to be successful both inside and outside of the classroom. The start of 2023 has seen the academy grow from 45 young men in 2022, to an incredible 63 fellas engaged in the program from Years 7-12. Since the end of 2021, the academy has over doubled its enrollments which is a fantastic result for all involved.

As an academy, we had 63 young men average 84% attendance over the term, with 27 students averaging 90% and above. This is a tremendous effort by these young men and a reflection of their hard work across Term 1.

The academy, in partnership with Port Lincoln High School, works with students to ensure retention until the end of Year 12 and then into employment. Using supportive relationships, a welcoming environment and a diverse range of activities, the young Aboriginal and Torres Strait Islander men in our programme develop improved self-esteem and confidence which assists them to participate

in education, employment and society in a positive way.

A quick look across our Term 1 planner shows that our boys have been engaged in a variety of activities that have resulted in positive outcomes, including Worksite Visits, Health Sessions, "Life Skills" Session with Bunnings, Morning Trainings as well as camps in Port Lincoln, Adelaide & Streaky Bay

My personal highlight of the term was our family BBQ in Week 4, it was great to finally get everyone together and continue to build positive relationships with our young men and their families.

As Term 2 commences, we are excited for what it has in store and we look forward to being able to engage with our local primary schools and wider Port Lincoln Community.

Please feel encouraged to get on board with our Morning Training sessions, Afterschool Activities and Good Bloke Lunch's as all activities are a great way to strengthen your relationship with our Academy members.

Jack Yeoman.



Year 12 Leadership Camp

In Week 5 our Year 12 men from around South Australia made their way to Adelaide for their Year 12 Leadership Camp. We had all four of our Year 12 men engage in the camp which was a really positive start.

The camp was designed to reinforce the value and importance of Year 12, and by doing so enter into a pledge that consolidates that commitment in 2023.

Our Year 12's from all over state came up with the following pledge during our workshops. They then all signed this pledge together and it will be visible in all academies around the state.

"WE COMMIT TO BEING A GOOD BLOKE, SHOWING LEADERSHIP & RESPECT. WE COMMIT TO HAVING A POSITIVE ATTITUDE & TO MAKE GOOD CHOICES. ATTEND SCHOOL, SET & ACHIEVE OUR GOALS. HAVE THE COURAGE TO STAY ON PATH & ENSURE WE FINISH YEAR 12."

On top of the pledge and goal setting, this camp was also designed to give our Year 12 men some highly engaging and fun activities before they get back to school and get to work. Our young men engaged in Paintball in the Adelaide Hills, Surfing Lessons in Victor Harbour, Inaugural Murray Bridge Clontarf Academy AFL Game and a brilliant Super Training with over 50 staff from our Partners in Adelaide and the surrounding area.



Contact-Time is underway in Port Lincoln

After a big year of planning in 2022, we are absolutely wrapped to be able to provide our young men with contact-time in 2023.

The Clontarf Foundation believes that access to Academy members inside the school day is a valuable way for us to deliver our programme and achieve our Mission Statement. It is vital that Academy staff plan effectively to ensure that good outcomes are achieved where timetabled classes are granted to an Academy.

A well-planned, intelligently conceived contact time schedule will increase the overall effectiveness of our programme by allocating time during the school day in which to deliver activities that enhance the skills and develop the values of our young men. The quality of the programmes and the activities we run directly correlate to outcomes for

Academy members.

In Term 1 we provided a variety of contact-time lessons, however a clear favourite was our balloon shaving lesson.

With many of our young fellas starting to develop facial hair, we decided to get the boys hands on and teach them the "do's and don'ts" of shaving, facial hygiene and safety.

The fellas all got a balloon each and were asked to draw an imaginary character on the balloon with a big beard and moustache, they then went around the room and got up in front of each other explained who their character was, where they were from and what they were into!

The beards were then covered in shaving cream and we worked through the correct and incorrect ways to shave and how to make sure you are not leaving your face with cuts and aggravating your skin.





Family BBQ

Our annual family BBQ was a brilliant afternoon with a record turnout from families, teachers and academy members. It is always amazing to see our room filled with the people supporting the fellas engaging in our program. Thank you to staff who popped in after your PD, it was very much appreciated

With Clontarf still being in its early years here in Port Lincoln, this was the first time that many parents and guardians have been able to spend time in the room that their young men spend countless hours in over the schooling year.

It was amazing to see the boys showing their family through the room, identifying our Clontarf Pillars, explaining our Work Ready Board and highlighting their attendance on the Attendance Board.

We look forward to many more family events ahead!





Year 9, 10 & 11 Streaky Bay Camp

It was great to get our young men in Years 9-11 away for a three-day camp to Streaky Bay in Week 8.

Thanks to the high level of engagement in the program across Term 1, we were able to take 18 young men away on this camp which was a great result.

This camp was filled with engaging activities and opportunities to build on our relationships including community activities, surfing, fishing, hiking and evening cricket sessions.

Surfing lessons at the amazing Sceale Bay is always a highlight

and provides our young men with some lifelong memories with their peers, while our evening cricket games are always filled with plenty of laughs and Clontarf Spirit.

A personal highlight was our community beach clean at the caravan park. It was incredible to see our young men being approached by others staying at the park and being commended for their efforts, while also explaining Clontarf and what it is all about. Seeing the fellas show pride in the academy is a real spec of gold.





Year 7 Induction Camp

Our Year 7 Induction Camp was held in Week 10 and we managed to get 15 boys along for the two day camp. We used this camp as an incentive for attendance and behaviour across the term.

This camp was designed around our Pillars of Leadership, Well-being, Education, Employment & Sport. It provided us with an opportunity to continue to build positive and trusting relationships with these young men in order to engage them throughout their educational journey from Years 7 to 12 and allow them to build a greater understanding of Clontarf values and expectations.

While we made sure to spend quality time building the capacity of Year 7 fellas understanding of the program and expectations of being a Good Bloke, we also made sure we provided them with some fun and engaging activities including a great session of Archery Tag, Fishing & Squidding at North Shields and fun session of beach activities.



Morning Training

Morning training has been a massive highlight across Term 1.

The weather has been magic and we have been really impressed with the overall engagement, with number consistently in the low 30s. There has been a huge buy in from the lower school boys and we look forward to engaging more of the older fellas in Term 2. A big cooked breakfast on a cold morning definitely helps!



Year 8 Big Day Out

Term 1 was jam packed full of activities for our academy members, including our Big Day Out for our Year 8's in Week 9. Our Year 8s were not able to get away on a camp this term, so we wanted to make their Big Day Out as fun as possible. We started the morning with delicious pancakes for breakfast with fresh fruit on top.

After breakfast we made our way out to Port Lincoln National Park to complete the Stamford Hill Hike. It was a magic morning to hike, and after completing the hike and checking out the incredible view, we he made our way back into town for Sumo Wrestling. After many laughs from the fellas and some great wrestling, we finished the day at the Leisure Centre with some 3v3 basketball.



Work Ready & On The Road

Port Lincoln Clontarf Academy had a massive term in the Work Ready space, with 10 students obtaining their Learners Permits and another four students obtaining Part-Time/Casual Employment to take our total number of Academy members employed to 13, while another 5 students in Year 9 have applied for Kmart's next intake after their Worksite Visit during our Contact Time in Week 7.

In term 2 we are turning out attention to our Year 10, 11 & 12 Graduate Employment Plans, Work Experience and getting our Year 11 & 12 hours up on the road. If you would like to support us in this process then please get in touch.



Photos from Term 1

