



Student Health & Medication Policy

1. *Our school commitment to student health and wellbeing*
2. *What the school needs to know about student medication requirements*
3. *Who will administer the student's medication?*
4. *Who holds the medication?*
5. *Taking medication for the first time*
6. *Privacy of medical information*
7. *Emergency contact information*
8. *Who will administer first aid?*

Our Commitment

Our school is committed to the health and wellbeing of all students and staff. Therefore **student health care plans** are required for students who have a health condition diagnosed by a medical practitioner. Health care plans are required to be updated annually, or the school notified if the health care plan is no longer required.

We acknowledge that parents/ guardians retain primary responsibility for their student's health care. This includes responsibility for providing accurate, up-to-date relevant information for staff regarding student's routine and emergency health care needs. **Students will be supported to develop safe, self-management of their health care needs.**

For example, health care plans are required for; epilepsy and seizure, asthma, diabetes, anaphylaxis and cystic fibrosis.

Students and parents are encouraged to discuss health support and medication management, confidentially, with the Assistant Principal at the enrolment meeting.

What the school needs to know:

If a student needs to take medication during school hours the school must be informed. Students cannot take any **medication** at school without a **medication authority form** or a signed letter by a doctor. This applies for:

- Prescriptions drugs
- Any over the counter medicines
- Ointments
- Alternative therapies
- Vitamins and minerals
- Food supplements

Student Health & Medication

Who will administer the medication?

Students are expected to administer their own medication. If this is an issue, please contact the school to arrange other arrangements.

Who looks after the medicine?

Schools require that the medication is securely stored on site, even if it is being self-administered. The medication needs to be stored according to the instructions on the label and where it cannot be accessed by other students. An exception is emergency medication where the student may need immediate access – for example, for asthma relief. If a child suffers allergies or other long-term health issues, arrangements can be made with the school for ongoing storage.

Taking medication for the first time

Students must not take the first dose of a new medication at school. Because of the risk of an allergic reaction the first dose should always be supervised by a parent or health professional.

Privacy of Medical Information

The medical information provided by you and your practitioner will have limited access within the school to maintain the student's personal privacy.

Emergency Contact /Medical Information

We keep *Emergency Contact Information* for every child in the school. It is important that this information be kept up to date with regard to changes of address, contact numbers, doctor etc. Please inform school student services of any changes immediately on 08 8683 6000.

It is the **responsibility of the parent/caregiver/ adult student** to request and ensure all **appropriate forms are completed and returned** to the school.

First Aid

Port Lincoln High School has a responsibility to provide First aid. Students who are ill should rest and recover at home until they are well enough to return to school. For basic first aid treatment, students will seek assistance from staff.

In an emergency at school, staff will administer emergency first aid and contact the emergency services when appropriate.

If students require **first aid off site** (for example, on excursions, camps, buses), in an emergency, staff will administer emergency first aid, contact emergency services and home contacts as required.