



## PORT LINCOLN HIGH SCHOOL : : 2019 SPORTS DAY AT A GLANCE

	EVENTS @ PLHS OVAL	EVENTS @ PLHS OVAL	EVENTS @ PLHS OVAL	EVENTS @ PLHS BASKETBALL COURTS	EVENTS @ PORT LINCOLN SKATE PARK
9:15am	800 METRE	<u>ATHLETIC EVENTS</u>  SHOT PUT  JAVELIN  DISCUS  LONG JUMP  TRIPLE JUMP  HIGH JUMP	<u>TEAM GAMES:</u>  NETBALL  FOOTBALL  HANDBALL  WATER GAMES	10am JUNIOR MIXED BASKETBALL	<i>STAFF &amp; STUDENTS - Head to Skate park</i>
10:00am - 10:45am					
11:00am - 11:45am	400 METRE			11am OPEN MIXED BASKETBALL	
12:00noon	200 METRE				
12:45pm	100 METRE SPRINT FINALS	COME & TRY HURDLES	TEAMS to muster @ Hockey Oval prior to team events.	PLHS STUDENTS RUN: KINDY & JP RELAYS & GAMES	<i>STAFF &amp; STUDENTS - Return to PLHS</i>
1:30pm	ALL STUDENTS RETURN TO PLHS MAIN OVAL IN THEIR TEAMS				
1:45pm	TUG OF WAR: SENIORS   JUNIORS				
2:15pm	100 METRE RELAY FINALS: ALL AGE GROUPS				
3:00pm	STAFF VS STUDENTS RELAY				
3:15pm	WINNER & TROPHY PRESENTATIONS (Dismiss students)				